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(उच्चत्तर शिक्षा शिभाग, शिक्षा मंत्रालय, भारत सरकार के तहत एक स्वायत्त संगठन) (An Autonomous Organization under the Department of Higher Education, Ministry of Education, Government of India)

No. Admin/Rect/2025

Date: 06.03.2025

Subject: Invitation for feedback/ representation(s), if any, on the Question Paper and the Answer Keys of the written test held on 06.03.2025 for the post of Student Counselor (Scale-I) (Job Ref. No. 50627543).

The Question Paper and the Answer Key of the Written Test conducted for the post of **Student Counselor (Scale-I) (Job Ref. No. 50627543)** on **Thursday, 06.03.2025,** are enclosed below as **Annexure -1**.

Feedback/ concern(s)/ representation(s), if any, is/are invited from the candidates regarding the answer to any question, on the email id <u>uic.rec.staff@iitb.ac.in</u> latest by **today**, i.e., **on 06.03.2025**, **before 02:00 p.m.** 

By Order

**Note:** Candidates must be specific in their representations/ concerns/ feedback and indicate their question(s) and explanation(s), if desired.

### THE STUDENT WELLNESS CENTRE IIT BOMBAY (Exam Answer key Part I)

Marks: 100

Time: 90 minutes

Date: March 6<sup>th</sup>, 2025

Answer **all questions** from Part I, Part II, and Part III. For the multiple choice questions there is a single correct choice which you should write down in the answer book with the question number.

*The intended marks for questions or parts of questions are given in brackets []. This paper consists of* **3 sides** 

# PART I (20 Marks)

Answer *all* questions

1. A student believes that it is not possible to prepare for exams as the [2] syllabus is very vast and it feels impossible to cover everything before the exam. To challenge this belief she sets aside one module of each subject to revise for two hours every day for one week. She is using **a.** imaginal disputation **b.** cognitive disputation c. behavioural disputation d. emotional disputation 2. A sentence completion task is an example of [2] a. a projective measure a behavioural checklist b. **c.** a behavioural observation d. a report from a significant other 3. The therapist who frustrates clients so that they are forced to find [2] their own way or develop their own potential, would most likely be a practitioner of the a. Person-centred approach **b.** Existential approach c. Behavioural approach d. Gestalt approach 4. A student sees a classmate being bullied but doesn't intervene, [2] assuming others will step in. This is an example of the phenomenon of **a.** Conformity **b.** Deindividuation c. Diffusion of responsibility d. Social Facilitation 5. When the client responds to the counselor as if the counselor was a [2] significant person from the client's life, this is called

- **a.** Counter-transference
- b. Transference
- c. Displacement
- d. Projection

# 6. Flashbulb memories for an incident require the situation to evoke [2]

- **a.** a cognitive response
- **b.** a verbal response
- c. an emotional response
- **d.** a motor response
- 7. Jaya believes that if she doesn't get into the college of her [2] choosing, her life is over and not worth living. This kind of cognitive distortion is called

## a. Magnification

- **b.** Arbitrary inference
- c. Overgeneralization
- d. Personalization
- 8. All of the following pairs of researchers and their classic studies [2] are correct, EXCEPT

[2]

- **a.** Asch-the conformity experiment
- b. Festinger-the 'shocking' study
- **c.** Zimbardo- the Stanford prison study
- **d.** Bandura- the 'bobo doll' experiment

# 9. The hippocampus is crucial for

- **a.** Storing short-term memories
- **b.** Regulating emotional responses

# c. Forming new memories

- **d.** Generating feelings of fear and aggression
- 10. Ajay sets a strict and rigid timetable for himself, has an [2] extraordinarily tidy workspace and will not submit his work unless it meets his unrealistic perfectionistic standards. His traits are in line with
  - **a.** Avoidant Personality Disorder
  - **b.** Anxiety Disorder
  - c. Obsessive Compulsive Disorder
  - d. Obsessive Compulsive Personality Disorder